

Michael Chekhov Europe Training:

“The Art of Acting and Creating”

International Michael Chekhov Workshop and Symposium

30th October – 4th November 2014

Helsinki (Finland)

Module I:

Making Contact:

Body – Imagination – Emotion

Faculty:

Suzana Nikolić, Zagreb, Croatia

Ulrich Meyer-Horsch, Hamburg, Germany

Åsa Salvesen, Helsinki, Finland

Jobst Langhans, Berlin, Germany (only for Symposium)

Our lives make a difference when we connect, when we make contact. We can make contact with ourselves, to somebody (one person or a group of people) or to something (space and objects). There is no artistic work without contact.

In order to make our work on stage authentic and alive, we need to get into contact with both our inner images and our emotions within seconds.

Imagination is a matter of fact. Every human being has it. And every artist has his/her own way of using it. For an actor 80% of his/her work is concrete imagination. Images are the core of creativity. They are the fuel of ideas and emotions. How do we create images? How do they feed the emotional life of the character? And how can we embody images, make them physical, so that we can share them with the audience?

The Michael Chekhov Technique connects our sub-consciousness and imagination to the physical reality creating the world of sensations and emotions.

We will work on

- *Concentration* • *Imagination* • *Psycho-physical Exercises* • *Voice Training*
- *Gesture* • *Qualities of Movement* • *Qualities, Sensations, Feelings* • *Ensemble*

GENERAL INFORMATION

Date: **Workshop: October 30th - November 3rd 2014**
Symposium: November 4th 2014
(Further information about the symposium will be available later)

Working hours: 10.00h – 17.00 h (incl. 75min. lunch break)

Working space: Suvilahti, Puhdistamo
Kaasutehtaankatu 1/33
00540 Helsinki
www.eskus.fi

Working language: English / Participants can act in their own language

Costs: **€ 320,--** (application before September 15th 2014)
€ 350,-- (application after September 15th 2014)

The Workshop is financially supported by LUST and Ozonteatern.

LUST members can apply for reduced fee (see application form)

Housing and food is not included. We will be happy to help you to find cheap accommodation

Contact: Workshop and Symposium: asa.salvesen@gmail.com
+358 408215140
lustrf@gmail.com

Applications/fees: fredrik.grasbeck@gmail.com
+358 400504764

MCTraining Program: umeyerhorsch@gmx.de

Organization: Michael Chekhov Europe e.V: International Michael Chekhov Training
LUST rf
Ozonteatern

Further information: www.michaelchekhov.eu
www.michaelchekhoveurope.eu
www.lust.fi

HOW TO APPLY

Please go to the application form (link) in the e-mail

This workshop is open to everybody interested in working professionally with the Michael Chekhov Acting Technique.

You are welcome to take just this individual workshop, or you can continue with joining more modules of the 'Art of Acting and Creating' Training Programme.

Please make your payment to:

Michael Chekhov Europe e.V.
IBAN: DE70100500000190265264
BIC: BELADEBEXX
Mentioning/message: MCE Helsinki 2014

(Bank: **Landesbank Berlin - Berliner Sparkasse**, Address: Eisenbahnstrasse 21, D-10997 Berlin) Bank Code: 100 500 00 Account number: 0190265264)

Applications will be registered once the application form has been returned and the **fee is paid**. Your place will be confirmed by mail as soon as possible thereafter. Your application is definite and irrevocable. The fee is non-refundable, unless someone else fills your place (for example from a possible waiting list). In that case there will be an administrative charge of 50 €. **Please make your payment until October 15th, at latest.**

The organizers are not responsible for any claims regarding loss or theft of valuables, or in cases of accidents or illness.

Not later than 14 days before the workshop begins you will be sent further details concerning the training and practical matters. You will be given a receipt of your payment upon arrival.

All details are subject to change.

FACULTY

Suzana Nikolic

Actress, Professor for Voice and Speech, Academy of Dramatic Art, University of Zagreb

Graduate of the Academy of Dramatic Art and Fulbright scholar at NYU Tisch School of the Arts, Graduate Acting Program. Suzana's current position at the Academy of Dramatic Art is full time Professor.

She is a Founder and Artistic director of Performing arts Studio Etra and Michael Chekhov studio Croatia. Her acting credits include theatre performances, feature films, television films & serials, as well as radio.

Suzana has been certificated as a teacher of the Michael Chekhov Technique in 2004 by MICHA, USA. She works professionally with the Technique over 15 years.

Ulrich Meyer-Horsch

Actor and Director. Artistic Director of Michael Chekhov Acting Studio Hamburg

Performing and directing in German state and regional theatres for more than twenty years: Theater Kiel, Theater Lübeck, Deutsches Schauspielhaus Hamburg, Schauspiel Frankfurt, Altonaer Theater, Komödie Düsseldorf and Maxim Gorki Theater Berlin, among others.

Ulrich has worked with artists such as Simon McBurney and Complicite, Augusto Boal, Lorna Marshall and Yoshi Oida. As an award winning director he is known for his playful productions of the works of Bertolt Brecht. He has been appointed Associate Artistic Director of Kreuzgangspiele Feuchtwangen for 2014 to 2016.

Ulrich holds diplomas in Acting from Schule für Schauspiel Hamburg, and in Theology, Philosophy and Theatre Pedagogy from the Universities of Heidelberg, Hamburg, London (King's College) and Kiel. He studied with Michael Chekhov's former students Hurt Hatfield, Deidre Hurst du Prey, Mala Powers and Joanna Merlin as well as with Chekhov teachers from Germany and Russia. In his approach to the Chekhov Technique he incorporates the exploration of children's games and work with masks. Since 1994 he has been teaching throughout Europe as well as in Brazil and the US. He is a member of the international faculty of MICHA, New York.

Åsa Salvesen

Actress, Director, Artistic Director of Ozonteatern, Journalist

Since her graduation from the Theatre Academy in Helsinki 1997 she has been working as freelance actress and director. She is founding member of Ozonteatern, a Finnish theater company. During 2004-13 she was the Head Teacher of the Drama Program at Västra Nylands folkhögskola in Karis.

Åsa has been working and studying the Chekhov technique since 1998 with teachers such as Lenard Petit, Jobst Langhans, Sarah Kane and Joanna Merlin. She is Co-founder of Michael Chekhov Europe, a network of European actors and directors. Åsa has been giving workshops in the Michael Chekhov Technique in Finland, Sweden, Germany, Ireland and Turkey.

She is awarded for her unconventional and artistically challenging performances and for bringing international influences into Finnish theatre education. Åsa works in organisations and companies with artistic methods in order to stimulate creativity and innovations at workplaces.

Åsa's Swedish translation of "To the Actor" by Michael Chekhov will in Autumn 2014 be published.